

Three Years Old

Therapy

- Transition from Developmental Therapy through Early Intervention to Developmental Inclusion through NWA Educational Co-op

Free Services

- Free Diapers through SSI/TEFRA Medicaid (Prescription required by Pediatrician)

Pre-K

School

- Meet with school system to develop an IEP for your child prior to the start of Kindergarten

If Male and 18 Years Old

Government

- Register your son in the Selective Service



Additional Resources

Down Syndrome Connection of NWA

www.dscnwa.com

Arkansas Down Syndrome Association

www.ardownsyndrome.org

National Down Syndrome Society

www.ndss.org

National Down Syndrome Congress

www.ndscenter.org

Down Syndrome Health Issues

www.ds-health.org

National Association for Down Syndrome

www.nads.org

Down Syndrome Information Network

www.down-syndrome.net

Visit our website and connect
with us on Facebook!



www.dscnwa.com



**Down Syndrome
Connection**

OF NORTHWEST ARKANSAS

1200 W Walnut St. Suite 1407
Rogers, AR 72756
479-282-3639

New and Expectant Parent Guidelines

Key Milestones to Remember



Below you will find a guide to important milestones and services for your child. This list is not all-inclusive and is being added to frequently. If you find something that should be added to this list, please let us know! Thank you!

Birth

Medicaid

- Apply for SSI or TEFRA (aka Arkansas Medicaid / ARKIDS A&B). Which option depends on income & qualifications.
- Must be received by office within 90 days of birth to cover medical expenses related to birth.

Insurance

- Add child to you or your spouses private insurance. You can decide to only do SSI/TEFRA and not add your child to your private insurance, but there are several benefits to having both, one being ARHIPP (see next step)

ARHIPP—Arkansas Health Insurance Reimbursement Premium Program

- Once you receive your SSI/TEFRA Medicaid number AND your child is also carried on you or your spouses private insurance plan, you are eligible to apply for ARHIPP

Birth (Continued)

- ARHIPP will reimburse you the cost of your private insurance premium
- Tip: ARHIPP will often cover the entire family, so it is sometimes beneficial to carry all members on the same plan

Therapy

- Early intervention can be key your child's development
- Request a therapy referral from your child's Pediatrician for an evaluation
- Types of therapy include Physical, Speech/Language (Feeding) and Occupational Therapy
- Each child is unique and has different needs, so different therapies may be started at different times

Miscellaneous

- You can qualify for a Disability Federal National Parks Access Pass - 50% off most Federal parks and campgrounds. Visit a National Park (i.e. Pea Ridge) to show proof of disability and apply.

6 Months Old

Medical

- Eye Exam with Pediatric Ophthalmologist or an Ophthalmologist with experience with Down syndrome (covered by SSI/TEFRA once every 6 months)

Every 6 Months

Bloodwork

- CBC (Complete Blood Count) bloodwork should be done every 6 months for preventative care to check for things our children are more prone to
- TSH (Thyroid Stimulating Hormone) bloodwork to check for Hyperthyroidism/Hypothyroidism

Annually

Tax Credits

- State/Federal tax credit (one renewed annually by your tax professional, one renewed once every five years and signed by your pediatrician)

One Year Old

Therapy

- Apply for Developmental Therapy through early Intervention (Age 1-3)
- Schedule and complete an evaluation for Developmental Therapy

Medicaid Waiver

- Apply for Medicaid Waiver (Currently approximately 10 year waiting list)
- Assessment completed by Optum, then assigned to a Passe